

Heritage Community Charter School



Athletics Handbook

HCCS Athletic Statement of Mission, Philosophy and Purpose

Heritage Community Charter School believes that the dynamic program of student athletic activities is vital to the educational development students. This program should provide a variety of experiences to aid in the development of favorable habits and attitudes in students that will prepare them for adult life. Athletics should function as an integral part of the total curriculum. It should offer opportunities to serve the institution, to assist in the development of teamwork and sportsmanship, and to encourage learning the qualities of good citizenship.

Statement of Athletic Purpose

- To provide a positive image of school athletics at Heritage Community Charter School.
- To always strive for excellence that will produce winning teams within the bounds of good sportsmanship.
- To ensure growth and development that will raise the number of individual participants in our athletic programs.
- To provide opportunities that will allow the program to help students learn to cope with problems and handle situations like those encountered as an adult. The program should provide the following opportunities:
 - Physical, mental and emotional growth and development.
 - Team play with the development of such commitments as loyalty, cooperation, fair play, and other desirable social traits.
 - Directed leadership and supervision that stresses self-discipline, self-motivation, excellence, and the ideals of good sportsmanship that make for winning and losing graciously.
 - A focus on activity programs for student body, faculty, and community that will generate a feeling of unity.
 - Achievement of initial goals as deemed by the school in general and the student as an individual.
 - To provide a superior program of student activities that includes appropriate activities for every student.
 - To provide opportunity for a student to experience success in an activity he/she selects.
 - To create a desire to succeed and excel.
 - To develop high ideals of fairness in all human relationships.
 - To practice self-discipline and emotional maturity in learning to make decisions under pressure.
 - To develop an understanding of the value of activities in a balanced educational process.

Coaches Code of Ethics

The HCCS Athletic program endorses the Idaho High School Activities Association (I.H.S.A.A.) and National Federation Interscholastic Coaches Association (N.F.I.C.A.) code of ethics and responsibilities. In addition, all HCCS coaches subscribe to the following core values:

- Accept the responsibilities of the job.
- Take pride in and promote all athletic programs.
- Adhere to policies and procedures.
- Generate trust by being truthful and sincere.
- Be accountable in action and attitude and lead by example.

HCCS Athletic Code of Conduct

Athletics is an important part of the school community and participation in sports is of value to each individual. Athletics contain lessons that are relevant to life. These lessons are taught when training and competing in athletics. Participation in HCCS's athletic program may instill the following life-long values/skills: self-discipline, punctuality, teamwork, reliability, responsibility, dedication, independence, and team work. An athletic program must be based upon reasonable standards and discipline to facilitate the development of these skills.

Attire/Grooming/Training

The standards for dress, grooming, and training are established by the coaches of the sport. Athletes must use HCCS issued equipment and uniforms and only HCCS colors will be worn during team competitions. No jewelry, scarves, headbands, towels, hats, sunglasses, or any other materials which may present a safety problem may be worn. Any attire or grooming that the coach, activities director or principal deems inappropriate may result in disciplinary action.

Academic Achievement

Academic achievement is extremely important in regard to athletic eligibility. To be academically eligible, students must have a passing grade all classes. Students with an F average in any class cannot participate. If their grade is a D, they will

be placed on probation until their grade is brought up to a C. When on probation, athletes must still attend practices and games, but will not be allowed to play. Failure to meet the HCCS academic eligibility requirements will result in inability to participate in competitions. Students may continue to participate in practices. No refunds are given.

Equipment

Lost equipment is the responsibility of the player, and he/she must assume financial liability if the issued equipment is lost or damages. Replacement equipment will not be issued until payment is made for lost, stolen or damaged items. Athletes will not be permitted to participate in other sports until all fines are paid. Athletes are responsible for keeping their equipment and uniforms in good condition.

Field/Court Conduct

Athletes should project an image of poise and respect. This includes the following:

- Athletes should display respect for the flag and be attentive during the national anthem.
- Athletes should not use profanity.
- Athletes should never berate or be disrespectful towards officials, scorekeepers, players, coaches or fans.
- Athletes are expected to show respect and sportsmanship during all sporting events.

Parent Expectations

- Parents must read and understand the Athletic Handbook, provide all necessary forms and **submit the \$26 participation fee to the office.**
- Parents of athletes should contact the coach if there are disagreements or disputes to settle. Such meetings should be arranged, not conducted after a game or practice.
- Parents should never berate or be disrespectful towards officials, scorekeepers, players, coaches or fans.
- Parents of athletes are expected to show respect and proper sportsmanship during all sporting events.
- Parents who are not able to follow these expectations may be asked to leave the sporting event. Excessive behavior could result in the forfeiture of the HCCS team participating in the athletic event.

Attendance

Students must be in attendance at school for a full day in order to participate in any competition. In emergencies or extraordinary circumstances, the principal may waive this rule.

Transportation

All athletes are required to provide their own transportation *from* practices and sporting events. Students will only be released to a parent or guardian unless written permission is given before the practice or competition. Parents may also designate transportation on the activities participation form. Parents/guardians may assume custody of their child after an athletic event if parent/guardian signs them out with the coaches. In no circumstances will an athlete be given permission to ride to or from an athletic event without a written consent from a parent or guardian. ***Parents will need to provide transportation to and from sporting events held on a weekend.***

Termination of Participation

If a student participating in any athletic program desires to terminate his/her participation, this student must first notify the head coach of his/her intentions. The student will not be allowed to participate in any other sport event until all equipment is turned in and payment made for any lost items. No refunds are given after the third practice.

Acknowledgement of Risk

Participation in sports comes with the risk of injury to students. The degree of danger and the seriousness of the risk varies significantly from one sport to another with contact sports carrying the higher risk.

Heritage Community Charter School is NOT responsible for any medical, dental or hospital bills incurred as a result of injuries sustained by a student while participating in a school program or activity. All injury related expenses shall be the responsibility of the student's parents/guardians. Further, the Parent/Guardian must sign a HCCS Student Athlete Emergency Medical Form which agrees to indemnify and hold harmless Heritage Community Charter School, its employees and related entities from any and all liability that may arise from the students participating in any program or activity.

HCCS Student Athlete Emergency Medical Form

Student Name:	Grade:	Age:
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I give permission for my child to participate in any of the following sports (check all that apply):

<input type="checkbox"/> Girls Basketball/\$26 Fee	<input type="checkbox"/> Boys Basketball/\$26 Fee	<input type="checkbox"/> Track and Field/\$26 Fee
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Parent or Guardian please check one of the following:

<input type="checkbox"/> I do not have insurance for my child and understand that HCCS is NOT responsible and WILL NOT pay any doctor, hospital or medical expenses if my child is injured while participating in a school program or activity.		
<input type="checkbox"/> I have insurance that will pay for medical expenses if my child is injured while participating in a school program or activity.		
Name of Insurance Company:	Policy Number:	Name of Policy Holder:

To be completed and signed by Parent/Guardian:

List any health problems that might be significant to a physician evaluating your child in case of an emergency:	
List any allergies (include medication allergies):	
List any medications your student is currently taking:	
Does student use an inhaler or Epi-pen? Yes / No	Does student wear contact lenses? Yes / No
Phone number (where to reach you in emergency):	Email address:
Emergency Contact other than Parent/Guardian (name and relationship to athlete):	Phone number of emergency contact:

I hereby consent to allow the physician(s) and other health care provider(s) selected by myself or the school to provide treatment for any injury or condition resulting from participating in athletics/activities for his/her school during the school year covered by this form. I further consent to allow said physician(s) or health care provider(s) to share appropriate information concerning my child that is relevant to participation in athletics and activities with coaches and other school personnel as deemed necessary.

I have carefully read and understand the individual eligibility rules and expectations in the HCCS Athletic Handbook and I am aware that with the participation in sports comes the risk of injury to my child. I hereby agree to indemnify and hold harmless Heritage Community Charter School from any and all liability that may arise from my child's participation in any program or activity at Heritage Community Charter School.

Signature of Parent/Guardian

Date

*Emergency Medical Form may be reproduced to travel with respective teams and is acceptable for emergency treatment if needed.

HCCS Student Activity Participation

Requirements for Participation

1. Payment of \$26 activity fee or payment arrangements must be made before the first week of practices end.
2. Emergency medical form and this participation form must be turned in before the first day of practice.
3. Student must maintain passing grades in all classes to participate in games.
4. Student must be in attendance the entire day on game days.
5. Transportation home from all events must be within 15 minutes of the completion of games or practices.
6. A fine will be assessed for missing equipment/uniforms that are not turned in within one week of the end participation.

Notice of Risk for Student Athletes

We realize that such activity involves the potential for injury which is inherent in all after school sports and activities. We acknowledge that even with the best coaching, use of the most advanced and proactive equipment, strict observance of rules, injuries are still a possibility. On rare occasion these injuries can be so severe as to result in total disability, paralysis or even death. We give our consent for coaches or school personnel to use their judgment in securing medical aid and ambulance service. We, the undersigned, understand the dangers of practicing, playing and participating in after school sports and activities. We specifically acknowledge we have carefully read and understand the Notice of Risk for student athletes.

Code of Conduct

Athletes should project an image of poise and respect. This includes the following:

- Athletes should never berate or be disrespectful towards officials, scorekeepers, players, coaches or fans.
- Athletes are expected to show respect and sportsmanship during all sporting events.

Parents of athletes should maintain a level of respectfulness. This includes the following:

- Parents should contact the coach if there are disagreements or disputes to settle. Such meetings should be arranged, not conducted after a game or practice.
- Parents should never berate or be disrespectful towards officials, scorekeepers, players, coaches, or fans.
- Parents of athletes are expected to show respect and proper sportsmanship during all sporting events.
- Parents who are not able to follow these expectations may be asked to leave the sporting event.

**** Excessive behavior by parent or athletes could result in the forfeiture of the HCCS team participating in the athletic event. ****

Termination of Participation

If a student participating in any athletic program desires to terminate his/her participation, this student must first notify the head coach of his/her intentions. The student will not be allowed to participate in any other sporting event until all equipment is turned in and payment made for any lost items.

Transportation

Transportation TO sporting events will be provided by HCCS but may not be provided back to the school afterward. It will be the Parent/Guardian's responsibility to provide transportation home from the event. At away competitions, Parents/Guardians must sign students out with the coach. Students will **only be released to Parents/Guardians** unless they have written permission to go home with someone else, including siblings. ***Parents must provide transportation to and from sporting events held on a weekend.***

Student Activity Permission Release Form

(Student Name)

(Activity)

I give my son/daughter permission to ride home with the following people: _____

Other directions for transportation (i.e., Walk home/YMCA) _____

We, the undersigned Parent/Guardian, hereby agree to accept and abide by the expectations, rules and regulations set forth by HCCS for after school activity participation. ***Signed forms and participation fee of \$26 must be turned in to the office.***

(Parent/Guardian Signature)

(Date)