



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA Transportation and Walking Path Waiver 2015-2016

Transportation:

Caldwell Transportation and Brown Bus Company have made transportation to the Caldwell Family YMCA available to students (YMCA members) and after school program participant. Students can be dropped off at the Y at the end of their bus route.

Walking:

With recent changes to the grounds and property, Heritage Community Charter School (HCCS) has a convenient walking path from their grounds to the YMCA. Students will be walked to the front entrance of the YMCA by HCCS administration staff.

In the winter months, dependent on the surrounding area and grounds of the path that the students will be walking, Caldwell Transportation and Brown Bus Company *may* transport students to the YMCA for recreational activities after school.

General Consent:

Please complete the application below and then take the application to the YMCA so they can complete the box below to validate your child's YMCA Membership or program enrollment. **Once completed, please return the form to your child's School.** Please consult with the YMCA for any expectations.

Students Name: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

YMCA Member (please check box): Yes  No  Age is 10 years or older: Yes  No

Program Participant (please define program): \_\_\_\_\_

I hereby grant permission for my student to ride the bus with Caldwell Transportation or Brown Bus Transportation or be guided along the designated path from Heritage Community Charter School to the Caldwell Family YMCA membership entrance on the days stated below. I will notify the school on the days my student will not be walking/transported to the Y with the rest of the students.

MON  TUE  WED  THU  FRI (Please only check the days your child is walking with staff)

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

This verifies that the above student is an active member of the Caldwell Family YMCA over the age of 10 yrs. OR is currently enrolled in a Y program

\_\_\_\_\_  
YMCA Staff Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
YMCA Stamp

### Facility Age Guidelines

**Ages 6 weeks-6years old:** May access child watch for up to 2 hours per day. They should never be left alone in the building and must be directly supervised by a parent/guardian or a family member 12 years or older in all areas of the YMCA. Children age six may use the Youth Activity Center at the parent's discretion.

**Ages 7 to 9:** Should have a parent/guardian, or family member 12 years or older in the building available to supervise them as needed, unless participating in a structured class (Youth Fitness Lab) or activity with YMCA staff. May use running track with direct supervision.

**Ages 10 to 14:** Allowed in the YMCA facility (we recommend a maximum of two hours) without direct supervision. May use the track without supervision. May use the weight and cardiovascular equipment unsupervised after completed the Youth Strength Training program.

**Ages 15 to 18:** May use all equipment in fitness areas.

### **Locker Room Age Guidelines:**

Ages 5 and under are allowed in opposite gender family locker rooms. Children 6 and up should use own gender locker room or accompany their parents to the family/special needs dressing rooms.

### Aquatic Center Age Guidelines

**Ages 6 years and younger:** Must be directly supervised (within arm reach) by a parent/guardian or a green ribbon swimmer over the age of 16 years. Not allowed in the hot tub.

**Ages 7 to 14:** Parents must be completely in the hot tub with children.

**Age 16:** Participants 16 and over may accompany someone under the age of 6 down the pretzel slide.